



## **FINDING HOPE**

### **PARENTS BUILDING SOLUTIONS**

**A FREE 6 week program in the Cardinia Shire area for parents and carers of a child or young person with an eating disorder**

Parenting is never an easy job, but if you have a child with an eating disorder, it is even more complex.

- Are you wondering what you can do to support your child?
- Are you finding the system difficult to navigate?
- Would you like to meet other parents who are experiencing similar challenges?

**DATE:** THURSDAYS - 12th May - 16 June

**TIME:** 5.00 - 7.00 p.m.  
(Tea, coffee and light refreshments will be provided)

**WHERE:** Pakenham Library, cnr John & Henry Streets, Pakenham

**COST:** Free! Bookings are essential



Register using the QR code, or  
Contact Carey Cole  
0437 428 281 or  
carey.cole@anglicarevic.org.au

**PARENTZONE**



Casey  
Cardinia  
**Libraries**