



DADS/GRAND DADS & SONS DROP IN

FREE 3 sessions program for Dads and their sons/foster sons
(aged 10-17 years) in Cardinia Shire area.

PARENTS BUILDING SOLUTIONS

- Building Healthy relationships
- Improving Confidence & Communication
- Understanding each other's feelings
- Learn how to cope with stress & anger
- Learning different parenting strategies
- Meeting others dads and sons

DATES: Thursday-3, 17 March & 7 April 2022

TIME: 5.30pm to 7.30pm

COST: FREE

VENUE: Pakenham Library, cnr John & Henry Streets, Pakenham

Register using the QR
Code or contact
Jasbir Singh
0438 004 285



Email: jasbir.suopada@anglicarevic.org.au

PARENTZONE